

## Thomsen D'hont

Overall, Thomsen was active during his childhood doing sports and various other outdoor activities. He attributes a lot of his later sporting successes to these early experiences that gradually increased his skills and fitness.

Thomsen started skiing in the bush with his family at the age of three and at age seven he joined the Jackrabbits program with the Yellowknife Ski Club. From an early age Thomsen realized he had an interest in competition. He loved the challenge of physical exertion and of achieving technical proficiency. He also loved the methodical yet fun approach to training that he learned from the volunteer coaches he worked with in the NWT during his teenage years.

Before graduating from high school in 2007, Thomsen won a Gold Ulu at the 2006 Arctic Winter Games and a Silver medal at the 2007 National Championships. Following high school, Thomsen trained and competed full-time with the National Development Centre Team in Thunder Bay, Ontario and Whistler, British Columbia.

Thomsen's career highlight came in 2012 when he represented Canada at the World Cup in Quebec City. Soon after this achievement, Thomsen's career was cut short by injury and he returned to study at university. Currently, Thomsen enjoys coaching youth from his community and stays fit by chasing them around the Yellowknife Ski Club trails.

