

# Hannah Clark

Hannah is the kind of athlete that coaches love to work with. She is determined, committed, enthusiastic, open to feedback, helpful towards others, and has a never-ending work ethic. These characteristics have served Hannah well, both on and off the ice. Hannah attended École Sir John Franklin High School for four years beginning in 2008.

Hannah's talent in speed skating was evident at a young age and can be seen by her amazing accomplishments over four Arctic Winter Games. Hannah first participated in the 2006 Arctic Winter Games where she came home with some valuable experience and a Gold Ulu in the 2000m team relay. In the 2008 Arctic Winter Games, competing in the Juvenile category, Hannah won the Silver Ulu in the 666m and 1000m, and the Gold Ulu in the 2000m team relay and in the 500m and 777m. At the 2010 Arctic Winter Games, Hannah again won an amazing five Ulus. Competing in the Junior category, Hannah won a Bronze Ulu in the 1500m, Silver Ulus in the 777m and 1000m, and Gold Ulus in the 3000m relay and in the 500m. Hannah capped off her Arctic Winter Games career in 2012 with another five Ulus, capturing Silver Ulus in the 500m and 777m and Gold Ulus in the 1000m, 1500m, and the 3000m relay. Hannah also represented the NWT at the 2011 Canada Winter Games finishing with an 11th place finish in the 1500m and a 14th place finish overall. Not just a one sport athlete, Hannah also competed in track at the 2013 Canada Summer Games.

Following her graduation from École Sir John Franklin High School, Hannah attended the University of Calgary to study kinesiology. While attending university, Hannah began training at the Olympic Oval National Training Centre, where she trained until her retirement from short track speed skating at the end of the 2018 season. During the 2014/15 season, Hannah was dealt what could have

been a career-ending blow when she was diagnosed with thyroid cancer. Hannah, being the fighter that she is, did not even let the diagnosis slow her down, let alone stop her. She battled through and continued her studies at university and continued training to be an elite speed skater all while undergoing treatment. Hannah's hard work and dedication paid off when at the end of the 2015/16 season, competing at the Canadian Senior National Team Selection 2 event, Hannah finished 5th in the 500m and 11th in the 1000m and 3000m, giving her an overall ranking of 10th in the country. Hannah continued her strong skating into the 2016/17 season where at the Western Elite Circuit 1 event (Oktoberfest) she finished 1st in the 500m and 2nd overall and at the Western Elite Circuit 3 event (Winterfest), where she finished 5th in the 500m and 6th overall.

Following her graduation from university, Hannah began working at a physiotherapy clinic in Calgary. She also works as a floor instructor in the fitness area of the Glenco Club and as a coach at the Calgary Speed Skating Club. Finally, Hannah was the strength and fitness advisor for the Team NT speed skaters at the 2018 Canada Winter Games where she attended as a Mission Staff for Team NT.

